

# DAILY JOURNALING

(Here, There, Now and Later)

**Here** - From where I am sitting, these are a few of the things that I can see, hear, smell, taste or feel that I appreciate and am grateful for:

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**There** - I am also grateful or excited about these things in my life:

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**Now** - I am currently working toward a resolution to a few things, such as:

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**Later** - If everything worked out perfectly for me, this is how my life would look:

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